# Alaska: the rules for aesthetic practice

What Alaska's laws and boards say about who may do aesthetic treatments, who must supervise them, and who can own the practice.

Nurse practitioners: Full Practice Authority

## Nurse practitioners

Full (AANP). APRNs evaluate, diagnose and prescribe without a collaborative agreement; the Board of Nursing alone regulates NP licensure (AS 08.68.010, 08.68.850). 30 CE hours every 2 years.

## Nurses

Under the Board of Nursing's advisory opinion (Nov 6, 2024; guidance, not law), RNs and LPNs may do aesthetic, cosmetic and dermatologic procedures only after a physician, APRN or PA has assessed the patient (telehealth allowed) and written a treatment plan and complete order (sites, doses, aftercare, follow-up); any change needs a new provider assessment. A trained physician, APRN or PA supervises and is available in person or electronically during the procedure. The nurse needs education with a supervised practicum and a competency check, doesn't choose the drug, dose or device settings, doesn't obtain the drugs, and doesn't treat patients under 18.

## Physician delegation and estheticians

The State Medical Board's guideline lets physicians delegate Botox, fillers, deeper peels and hot lasers only to licensed practitioners such as RNs and PAs, with written protocols, an initial physician consultation, and the physician on site and immediately available. Estheticians may not do injections, chemical peels, Botox, fillers or lasers; physicians may give them only non-invasive treatments.

## Who can own the practice

An Alaska professional corporation provides its service only through people licensed for it, and only licensees of that service may own its shares (AS 10.45.020, .050, .080). Whether a business owned by a non-physician may employ or contract physicians is not settled: no statute, board ruling or court decision on it was found. Confirm the entity type with an Alaska healthcare attorney.

**The biggest risk in Alaska.** Nurses treating before a provider's assessment and plan, or estheticians doing injections, peels or laser work.

**Check it with your boards:** Alaska Board of Nursing - commerce.alaska.gov/web/cbpl/ProfessionalLicensing/BoardofNursing.aspx and Alaska State Medical Board - commerce.alaska.gov/web/cbpl/ProfessionalLicensing/StateMedicalBoard.aspx. Checked November 3, 2026. Rules change, so read the current rule on the board's own site before you act.

**Ask S.A.G.E. next.** S.A.G.E., our AI practice advisor, answers from this same Alaska reference, free in your TMAA account, which you can set up at go.medicalaestheticsassociation.com/start-here. Try:

1. I'm an RN in Alaska. What has to be in place before I offer injectables?
2. What must my medical director agreement cover in Alaska?
3. What can an esthetician do in Alaska, and what needs an order?

S.A.G.E. is not legal advice. For a binding answer, talk to a healthcare attorney in your state.