Arizona: the rules for aesthetic practice

What Arizona's laws and boards say about who may do aesthetic treatments, who must supervise them, and who can own the practice.

Nurse practitioners: Full Practice Authority

Nurse practitioners

Full. A registered nurse practitioner makes independent decisions on complex patient care problems and prescribes, administers and dispenses therapeutic measures, including legend drugs, within Board requirements, with no physician supervision in the law (A.R.S. §32-1601, paragraph 23).

Medical director or supervising physician

None required for the NP's own scope. RNs doing aesthetic procedures follow the Board of Nursing's Medical Aesthetic Procedures advisory opinion; read the current version on azbn.gov for the order and supervision it requires.

Delegating to RNs, estheticians and staff

Aestheticians and cosmetologists are licensed by the Arizona Barbering and Cosmetology Board: microneedling under 0.5 mm and light peels only; medium-depth peels, focused ultrasound and photodynamic therapy need a licensed independent practitioner's order; laser work needs a separate Certified Laser Technician license from the Department of Health Services, and every laser, RF and IPL device must be registered with it (Board scope statement, September 2024).

Who can own the practice

An Arizona professional corporation may combine professions unless a licensing law or board forbids it, and people who aren't licensed may together hold up to 49% of its voting shares unless the licensing board sets a different limit (A.R.S. §10-2211, §10-2220). Whether a business owned by a non-physician may employ or contract physicians is not settled: no statute, board ruling or court decision on it was found. Confirm the entity type with an Arizona healthcare attorney.

The biggest risk in Arizona. Staff doing aesthetic or laser work outside what their own license allows, and RNs treating without the order the Board of Nursing's opinion requires.

Check it with your boards: Arizona State Board of Nursing - azbn.gov and Arizona Medical Board - azmd.gov. Checked November 3, 2026. Rules change, so read the current rule on the board's own site before you act.

Ask S.A.G.E. next. S.A.G.E., our AI practice advisor, answers from this same Arizona reference, free in your TMAA account, which you can set up at go.medicalaestheticsassociation.com/start-here. Try:

1. I'm an RN in Arizona. What has to be in place before I offer injectables?
2. What must my medical director agreement cover in Arizona?
3. What can an esthetician do in Arizona, and what needs an order?

S.A.G.E. is not legal advice. For a binding answer, talk to a healthcare attorney in your state.