Delaware: the rules for aesthetic practice

What Delaware's laws and boards say about who may do aesthetic treatments, who must supervise them, and who can own the practice.

Nurse practitioners: Full Practice Authority

Nurse practitioners

Full (AANP). The Board of Nursing alone regulates NP licensure and grants prescriptive authority with the APRN license, including controlled substances within the APRN's role and population focus (24 Del. C. §1935). Independent practice, without a collaborative agreement, comes after 2 years and at least 4,000 full-time hours under a collaborative agreement with a physician, podiatrist or health care delivery system in a related field, in a hospital or integrated clinical setting; the APRN Committee reviews the evidence and the Board grants it (24 Del. C. §§1934-1936, as amended in 2021 by HB 141).

Delegating to RNs, estheticians and staff

No Delaware board guidance on cosmetic injections or lasers by RNs or estheticians was checked in November 2026. Ask the Board of Nursing or the Board of Medical Licensure and Discipline before delegating.

Who can own the practice

Only people licensed for the same professional service may own a Delaware professional corporation, and the only allowed mix is physicians (MD or DO) with podiatrists (8 Del. C. §602, §610), so nurses and NPs can't co-own a medical PC. Whether a business owned by a non-physician may employ or contract physicians is not settled: no statute, board ruling or court decision on it was found. Confirm the entity type with a Delaware healthcare attorney.

The biggest risk in Delaware. Practicing without a collaborative agreement before the Board grants independent practice.

Check it with your boards: Delaware Board of Nursing - dpr.delaware.gov/boards/nursing and Delaware Board of Medical Licensure and Discipline - dpr.delaware.gov/boards/medicalpractice. Checked November 3, 2026. Rules change, so read the current rule on the board's own site before you act.

Ask S.A.G.E. next. S.A.G.E., our AI practice advisor, answers from this same Delaware reference, free in your TMAA account, which you can set up at go.medicalaestheticsassociation.com/start-here. Try:

1. I'm an RN in Delaware. What has to be in place before I offer injectables?
2. What must my medical director agreement cover in Delaware?
3. What can an esthetician do in Delaware, and what needs an order?

S.A.G.E. is not legal advice. For a binding answer, talk to a healthcare attorney in your state.