Indiana: the rules for aesthetic practice

What Indiana's laws and boards say about who may do aesthetic treatments, who must supervise them, and who can own the practice.

Nurse practitioners: Reduced Practice

Nurse practitioners

Reduced (AANP). An APRN operates in collaboration with a licensed practitioner as evidenced by a practice agreement, or through hospital privileges (IC §25-23-1-19.4). APRNs may not prescribe Schedule II controlled substances for weight reduction or obesity control. Bills to remove the collaboration requirement failed in 2025 and in January 2026.

Medical director or supervising physician

The state's sample agreement under 848 IAC 5-1-1 has the physician within reasonable distance of the practice, a pre-arranged backup physician, and the APRN sending prescribing records within 7 days, including at least a 5% random sample of charts and prescriptions.

Delegating to RNs, estheticians and staff

No Indiana board statement on cosmetic injections or lasers was found in the November 2026 check. Ask the Board of Nursing and the Medical Licensing Board before delegating.

Med spa registration

Under 2026 SEA 282 (IC 25-22.5-12.5), a practice that gives prescription drugs (including injections and IVs) and markets weight loss, wellness, longevity or cosmetic services (weight-loss drugs, Botox, fillers, hormones, nutrient infusions, lasers and energy devices) must register as a medical spa starting January 1, 2027, naming a responsible practitioner (a physician, an APRN with prescriptive authority, or a PA) and any collaborating practitioner. The responsible practitioner is trained in the services offered, is on site enough to ensure compliance, and makes sure every worker is licensed, within scope and trained. No services away from the spa office except training. Ads must follow IC 25-1-10.3. Report serious adverse events to the board within 15 days. Operating unregistered can bring a fine of up to $5,000. Physician offices and state-licensed facilities are excluded.

Who can own the practice

Indiana's 2026 medical spa law (IC 25-22.5-12.5) makes a medical spa register from January 1, 2027 under a responsible practitioner: a physician, an APRN with prescriptive authority, or a PA (see Medical Spa Registration). Who may own the business is not settled: Indiana's professional corporation law wasn't read in the November 2026 check, and no board ruling or court decision on ownership was found. Confirm the entity type with an Indiana healthcare attorney.

The biggest risk in Indiana. Missing the January 1, 2027 medical spa registration (weight loss and IV clinics count), and a practice agreement or chart review that isn't current.

Check it with your boards: Indiana State Board of Nursing - in.gov/pla/professions/nursing-home/nursing-board and Medical Licensing Board of Indiana - in.gov/pla/professions/physicians-home. Checked November 3, 2026. Rules change, so read the current rule on the board's own site before you act.

Ask S.A.G.E. next. S.A.G.E., our AI practice advisor, answers from this same Indiana reference, free in your TMAA account, which you can set up at go.medicalaestheticsassociation.com/start-here. Try:

1. I'm an RN in Indiana. What has to be in place before I offer injectables?
2. What must my medical director agreement cover in Indiana?
3. What can an esthetician do in Indiana, and what needs an order?

S.A.G.E. is not legal advice. For a binding answer, talk to a healthcare attorney in your state.