Maine: the rules for aesthetic practice

What Maine's laws and boards say about who may do aesthetic treatments, who must supervise them, and who can own the practice.

Nurse practitioners: Full Practice Authority

Nurse practitioners

Full (AANP), after a supervised start. A new certified NP practices for at least 24 months under the supervision of a licensed physician or a supervising nurse practitioner, or is employed by a clinic or hospital whose medical director is a licensed physician, then sends the Board written evidence (32 M.R.S. §2102(2-A)). After that, no supervision is required. NPs prescribe and dispense under Board rules; the Board of Nursing alone regulates NP licensure. 50 CE hours every 2 years.

Delegating to RNs, estheticians and staff

No Maine board guidance on cosmetic injections or lasers by RNs or estheticians was checked in November 2026. Ask the Board of Nursing or the Board of Licensure in Medicine before delegating.

Who can own the practice

Maine professional corporations may combine professions unless a licensing law forbids it, and shares go only to people licensed for a service the corporation provides or to others the licensing board approves (13 M.R.S. §732, §741). Whether a business owned by a non-physician may employ or contract physicians is not settled: no statute, board ruling or court decision on it was found. Confirm the entity type with a Maine healthcare attorney.

The biggest risk in Maine. A new NP opening an independent practice before finishing the 24 supervised months.

Check it with your boards: Maine State Board of Nursing - maine.gov/boardofnursing and Maine Board of Licensure in Medicine - maine.gov/md. Checked November 3, 2026. Rules change, so read the current rule on the board's own site before you act.

Ask S.A.G.E. next. S.A.G.E., our AI practice advisor, answers from this same Maine reference, free in your TMAA account, which you can set up at go.medicalaestheticsassociation.com/start-here. Try:

1. I'm an RN in Maine. What has to be in place before I offer injectables?
2. What must my medical director agreement cover in Maine?
3. What can an esthetician do in Maine, and what needs an order?

S.A.G.E. is not legal advice. For a binding answer, talk to a healthcare attorney in your state.