New Hampshire: the rules for aesthetic practice

What New Hampshire's laws and boards say about who may do aesthetic treatments, who must supervise them, and who can own the practice.

Nurse practitioners: Full Practice Authority

Nurse practitioners

Full (AANP). NPs evaluate, diagnose and prescribe without a collaborative agreement or physician supervision; the Board of Nursing alone regulates NP licensure (RSA 326-B:4, 326-B:11). 30 NP CE hours every 2 years on top of RN CE. Controlled-substance details weren't confirmed in November 2026.

Delegating to RNs, estheticians and staff

No New Hampshire board guidance on cosmetic injections or lasers by RNs or estheticians was checked in November 2026. Ask the Board of Nursing or the Board of Medicine before delegating. A bill to register medical spas was rejected in 2024, so no medical spa registration exists today.

Who can own the practice

New Hampshire professional corporations cover physicians, PAs and registered nurses, may combine professions only where the licensing laws allow, and only people licensed for a service the corporation provides may own shares (RSA 294-A:1, 294-A:2, 294-A:8). Whether a business owned by a non-physician may employ or contract physicians is not settled: no statute, board ruling or court decision on it was found. Confirm the entity type with a New Hampshire healthcare attorney.

The biggest risk in New Hampshire. Delegating cosmetic procedures without written New Hampshire board guidance; check with the boards first.

Check it with your boards: New Hampshire Board of Nursing - oplc.nh.gov/board-nursing and New Hampshire Board of Medicine - oplc.nh.gov/board-medicine. Checked November 3, 2026. Rules change, so read the current rule on the board's own site before you act.

Ask S.A.G.E. next. S.A.G.E., our AI practice advisor, answers from this same New Hampshire reference, free in your TMAA account, which you can set up at go.medicalaestheticsassociation.com/start-here. Try:

1. I'm an RN in New Hampshire. What has to be in place before I offer injectables?
2. What must my medical director agreement cover in New Hampshire?
3. What can an esthetician do in New Hampshire, and what needs an order?

S.A.G.E. is not legal advice. For a binding answer, talk to a healthcare attorney in your state.