Vermont: the rules for aesthetic practice

What Vermont's laws and boards say about who may do aesthetic treatments, who must supervise them, and who can own the practice.

Nurse practitioners: Full Practice Authority

Nurse practitioners

Full (AANP), after a transition. An APRN with fewer than 24 months and 2,400 hours of licensed advanced practice must have a formal collaborative agreement with a collaborating provider (a Vermont licensed physician or APRN), keep signed copies, and may not practice solo until both thresholds are met and the Board is notified (26 V.S.A. §1613). A new role or population focus needs 12 months and 1,600 hours. After that, APRNs evaluate, diagnose and prescribe independently; the Board of Nursing alone regulates NP licensure. Controlled-substance details weren't confirmed in November 2026.

Delegating to RNs, estheticians and staff

No Vermont board guidance on cosmetic injections or lasers by RNs was checked in November 2026. Ask the Board of Nursing or the Board of Medical Practice before delegating. Estheticians may not inject any substance or use lasers: Vermont law treats both as the practice of medicine, not esthetics (26 V.S.A. §271).

Who can own the practice

Vermont professional corporations may combine professions only where each profession's licensing law allows, and only people licensed for a service the corporation provides may own shares (11 V.S.A. §821, §830). Whether a business owned by a non-physician may employ or contract physicians is not settled: no statute, board ruling or court decision on it was found. Confirm the entity type with a Vermont healthcare attorney.

The biggest risk in Vermont. A new APRN opening a solo practice before 24 months and 2,400 hours under a collaborative agreement, and letting estheticians inject or run lasers.

Check it with your boards: Vermont Board of Nursing - sos.vermont.gov/nursing and Vermont Board of Medical Practice - healthvermont.gov/systems/medical-practice-board. Checked November 3, 2026. Rules change, so read the current rule on the board's own site before you act.

Ask S.A.G.E. next. S.A.G.E., our AI practice advisor, answers from this same Vermont reference, free in your TMAA account, which you can set up at go.medicalaestheticsassociation.com/start-here. Try:

1. I'm an RN in Vermont. What has to be in place before I offer injectables?
2. What must my medical director agreement cover in Vermont?
3. What can an esthetician do in Vermont, and what needs an order?

S.A.G.E. is not legal advice. For a binding answer, talk to a healthcare attorney in your state.